



**Southmoore Instrumental Arts Program**

**Rank One Instructions**

**Updated July 10, 2024**

**Flyer**

**SOUTHMOORE SPORTS MEDICINE**

# **RANK ONE**

**YOU MUST UPLOAD YOUR PHYSICAL**

**YOU WILL NEED LAST NAME & SCHOOL ID**

**PHYSICAL MUST BE DATED ON OR AFTER MAY 1, 2023 TO BE ELIGIBLE**



## **RANK ONE FORMS**



**< USE YOUR INFO TO FIND FORMS >  
< FIND PHYSICAL UPLOAD >**

**SCAN BOTH THE FRONT & BACK WHEN  
PROMPTED**

**SCAN QR CODE FOR RANK ONE**



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*\*\*\*Rank One is an athletic based program however, due to the OSSAA requiring physicals, the band will utilize the same program as athletics to turn in these forms. This year the band will also utilize the medical release form (called the "Participation Packet" in Rank One) as this will save time in running down paper copiers and avoid duplication of forms by our student athletes in band.*

*Keep in mind that if your student is in band and not athletics, Rank One will never turn green and claim you eligible to participate. Do not stress, if you have turned in a physical and completed the MPS Athletic Participation Form, you are good to go for band participation\*\*\**

#### **Band Student Rank One Instructions**

You may use the QR code page one or navigate to <https://moorepublicschools.rankone.com/New/NewAddAthlete.aspx>.

You must have your student's Full Name and Student ID number as they are listed in Infinite Campus, to begin the Electronic Participation forms.

If your student is not listed in Rank One, please contact Mr. Mewhorter.

#### **Physical Form Details**

- ❖ The OSSAA Physical Exam form is required to be completed and on file in Rank One, prior to July 22.
- ❖ The form is two pages (Medical History and Physicians Exam page) and must be completed by an MD/DO, Nurse Practitioner or Physician's Assistant, no earlier than May 1st of the school year prior to participation.
- ❖ The OSSAA Physical Exam form must be the April 2024 version available here: [https://ossaaillustrated.com/wp-content/uploads/2024/04/MF\\_2023-24\\_PhysicalForm.pdf](https://ossaaillustrated.com/wp-content/uploads/2024/04/MF_2023-24_PhysicalForm.pdf)

The following Electronic Participation forms must be completed by your band student. Please note if your student is planning on participating in athletics – all items listed in Rank One, including the items crossed out below must be completed:

- ❖ Physical (download)
- ~~❖ Medical History~~
- ❖ MPS Athletics Participation Packet
- ~~❖ OSAA Eligibility Card~~
- ~~❖ Concussion Baseline Testing~~
- ~~❖ AF/AD Clearance~~
- ~~❖ Biological Sex Affidavit~~

The MPS Athletic Participation Form will have an athletics handbook acknowledgement. Band students can refer to the band handbook which can be found under the resource tab at [southmooreband.com](http://southmooreband.com).

If you have trouble with the forms in your internet browser, please use Google Chrome or Safari. Though none of these forms may apply to band participation, please note that the following information is available under the Download and Print Tab:

- ❖ MPS concussion policy, concussion fact sheet, and home instructions form
- ❖ OSSAA Physical Exam form (complete the Name & Date of Birth sections only online, then print)
- ❖ Sudden Cardiac Arrest information
- ❖ NCAA Academic Requirements
- ❖ Vaccination information for teens
- ❖ K and K insurance policy link (K and K Athletic Insurance)

You are not required to print the previously listed items. However, they are listed for you to reference at any time.