



**Southmoore Instrument Arts Program**  
**2019-20 London New Year's Day Parade – London, UK**  
**Traveler's Information Packet**

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Our trip is almost here! Please take the time to carefully read over this packet of information. Parents, make sure you fill out the forms located at the end of the packet; they both must be completely filled out and returned in order for the student to attend. The more you know about this trip, the more fun you will have so get to reading.

### **Performances**

A large group trip to London is cool and awesome, but please remember that this trip is primarily taking place due to the musical achievements of our students. This trip is first and foremost a student band trip (emphasis on “student” and “band”). Certainly, this fact does not diminish from all the super cool things that will coincide with the music and our students such as terrific sight-seeing and lifelong family memories, however it will be imperative that our student's experiences and the music we create be the top priority. To that end, here are our performances (as of 11/18/19)

**December 16 – Winter Concert “The Final One”:** The London Marching Band, Concert Band, and Jazz Band will perform their London selections. Our two 8<sup>th</sup> Grade Bands from Highland West and Southridge will also join us for the concert. See the band bulletin for concert start time.

**December 29 – LNYDP Concert Series:** The London Concert Band, and Jazz Band will perform at historic Cadogan Hall. Set in a fantastic location in the heart of Chelsea Cadogan Hall has become one of London's leading venues. The Hall's 950 seats, excellent acoustic and luxurious surroundings make it the first choice for some of the UK's top orchestras, including the Hall's resident orchestra, the Royal Philharmonic, as well as a favorite London destination for international touring orchestras.

The concert begins at 7:30 PM (GMT), or 1:30 PM (CMT), and includes other high school groups. The concert will be live streamed (likely through the LNYDP Facebook page, check out announcements)

**January 1 – London New Year's Day Parade:** The London Marching Band will march down the historic streets of London performing for millions onsite and on our worldwide audience. The event will be available to watch at home (again, check for announcements, in the meantime make sure you are following the LNYDP Facebook and twitter pages)

**More performances are probable:** Stay tuned and we will announce any additional opportunities.

### **Packing Tips and Suggestions**

#### **Regarding Instruments...**

We tested a hot air balloon, but it kept not making it past Maine...

- All instruments larger than a trumpet will be shipped directly to our hotel. We have already gone about the process of getting the serial numbers of all the personal and school horns. The instruments will be fully insured during their journey. Instruments are scheduled to ship on December 17 (we will place them in the staging area immediately after the December 16 concert) and will be waiting for us at our hotel upon arrival. Instruments are scheduled to arrive back in the US 5-10 days after we arrive home.
- Smaller instruments will be part of your luggage – we highly recommend you carry your instrument on the flight in your carry-on luggage. In the event your checked luggage is delayed – we want to make sure your instrument arrives with you.
- Some larger concert/jazz instruments are provided onsite - i.e. timpani, double bass, drum set, marimbas, etc.

#### **Regarding Band Uniforms and Concert Attire...**

You gotta look the part...

- Student's uniform coat, bibbers, shakoes and gauntlets will be shipped to London at the same time as the instruments. Uniform gloves need to be in your shako box.
- New (warmer) guard warm-ups and “street” jazz shoes will be purchased for the London trip. Guard warm-ups will also likely be shipped with the uniforms, but this is to be determined. In the case they are not, please pack these in your carry-on luggage. Please simply check for announcements regarding this issue. Ms. Carter is attending the trip and will be the point of contact regarding London guard performance wear information.
- All students must pack their band shoes and guard street shoes.



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- Students participating in the concert or jazz band performances will need to pack dress black. Ladies and Gentlemen are to wear black slacks. Ladies are to wear a sleeved non-revealing top. Men are to wear a collared button down black dress shirt (the black formal jazz shirt is acceptable). The band shoes may we worn for this performance.

**Regarding Audience Attire for the Musical and the Concert...**

Keep in mind the Brits tends to like formal occasions so there is no need to stand out the wrong way 😊

- All participants will be attending a West-End Musical and many students, and all adults will be an audience member at the jazz/concert band concert.
- Dress for both events is "Business Casual." Appropriate business casual dress typically includes slacks or khakis, dress shirt or blouse, open-collar or polo shirt, optional tie or seasonal sport coat, a dress or skirt, a tailored blazer, knit shirt or sweater, and loafers or dress shoes.
- We will not judge you if you wear the same clothing to both events (Wallace might judge you, but he is not nice).

**Regarding Currency and Spending Money...**

If you hand them a dollar they will hand it back...

- The British pound (£) is the currency in England. The dollar does not necessarily fare well against the British pound (though Brexit has helped this situation) as the current exchange rate is £1.00 = \$1.28. For example, if you buy a cool hoodie for £35 you are spending about \$45. You may want to download a free currency converter app to help make sure you do not blow a huge sum of money.
- Many meals are provided with your trip fee; however you will purchase some meals. Restaurant prices are generally a bit higher than 19<sup>th</sup> street due to the exchange rate. Check out the itinerary to plan for food money.
- Some seasoned travelers recommend that you should bring around £20-£50 pounds with you. Many banks will provide you with British pounds directly from your checking account for a fee. Usually the bank may need a week to get the cash so be sure to plan ahead. You can exchange currencies at the airport and in London – but the fee is MUCH higher.
- You can get cash from ATM's while in London and it works exactly like at home (except it spits out pounds and sometimes a picture of the queen). For this reason, Mr. Mewhorter simply walks to an ATM to get pounds instead of waiting for the US bank to give him £££.
- Your credit and/or check card works almost anywhere and can serve as your primary means of purchasing items in London. As a brand, Visa and Master Card will be your best bet. Discover is not widely accepted out of the USA (you will find some places in London, but not many) and American Express is hit and miss.
- Other than some meals (check the itinerary) – there are no other required costs. You will have time to shop so use your own discretion when planning on how much money to bring.

**Regarding Electricity...**

Do not ask Mr. Mewhorter about the time he took out the power on floor 9 of a London hotel...

- There are a few differences in electricity in the UK: Power is supplied from UK wall sockets at about 220 volts however, in North America, power is supplied at 110 to 120 volts. Additionally the "plug in" itself is different in England.
- Almost all electrical devises you will bring are made to operate at "dual voltages" and will switch over to 220 voltage automatically. Battery chargers for camcorders, iPods/iPads, cell phones and other battery-operated devices can almost always be plugged into English sockets (with an adaptor plug).
- You will need a simple adaptor in order to plug into your hotel wall socket. Adaptors are inexpensive and you may consider buying a few for multiple wall plug-ins. You can buy a good adaptor at Wal-Mart. In most cases you will NOT need a "converter." Converters attempt to lower the voltage to 110, however since most of your devises will be "dual voltages" a converter is unnecessary (and can cause an outage on the 9<sup>th</sup> floor).
- Most hairdryers DO NOT switch over to the 220 volts and you will fry your hairdryer and possibly knock out the entire United Kingdom power grid if you attempt to plug it in, even with an adaptor. The hotel does have hairdryers in each room.



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**Packing Tips**

- Don't over pack! This is easy to do when you are scared about being gone for a week in colder weather. Keep in mind, once your suitcase is over 50 pounds, you must pay extra (ask Jasmine Johnson and the "throwing pounds of clothes into a black trash sack and hauling them around DFW" incident)
- Perhaps pick one pair of casual and one pair of dressier shoes (or something easy for both purposes) and then pack all your clothing choices to coordinate with those shoes (if coordinating shoes/outfits is even a concern – I'm not entirely sure it's a concern for all of you). You do not need both black and brown - just pick one. (And knowing European style sensibilities...go with black!)
- Think about the whole length of the trip: can you wear that sweater or shirt twice with maybe a different scarf or necklace to make the outfit look different?
- If at all possible, roll your clothes to help avoid wrinkles. The hotel in London will have ironing boards in the rooms however; consider bringing a small travel bottle of wrinkle release spray. You might also want to bring a small bottle of Febreze and a stain eraser pen.
- Do you have some old shoes or underwear – consider wearing them and then throwing them away in England to make room for any items you bought. Please note - you cannot throw away the band uniform.
- Many people like to travel with some type of a "money belt" to wear on their torso under their clothing so as to hide valuables (cash, credit cards, passports). Many of these belts are "RFID" protected – meaning they are designed to Block RFID Readers from Scanning Your Credit cards, Debit cards, etc. London is a large city, and like most large cities, is a well-known location for pick-pockets. Those who carry wallets should keep them in the FRONT pockets and not the back and those who carry purses should make sure it is a small style, that closes tightly, and is kept close to the body.

Do not forget items such as these:

- ✓ Your band uniform accessories - Black Socks, Band Shoes, Vegas Gold Shirt, etc.
- ✓ Toiletries
- ✓ Raincoat/Jacket
- ✓ Your instrument (if it is not already shipped)
- ✓ Your concert/jazz sheet music
- ✓ Swimsuit if you would like to swim at the hotel (keep it modest people)
- ✓ A UK electrical adapter
- ✓ A pair of headphones for the plane. A small TV with your choice of movies is on the seatback.
- ✓ This list is not all-inclusive...make a packing list before the trip and follow it, but do not over pack!

**What should I not bring?**

- ✓ Anything that could get you into trouble!!! - If it is annoying, makes noise, or can be used to hurt others do not bring it.
- ✓ Do not bring unnecessary valuable unless you enjoy donating to thieves.

**Travel**

**Your passport**

Surprise – we are using your passport picture for your yearbook picture...

- **DO NOT LOSE YOUR PASSPORT** You will NOT be able to board any plane without your passport. If you lose it in England it will be a very expensive endeavor to get a new one and could even cause an expensive delay in returning to the US (as you would have to pay for your extended stay AND for an adult to stay with you).
- **FOR THE LOVE OF ALL THINGS - DO NOT PACK YOUR PASSPORT IN YOUR CHECKED BAG.** Your trip will end before it ever starts if you make this mistake. All travelers will need their passport from the time they arrive at the airport to the time they depart and get on the bus at the next airport.
- As mentioned earlier – you may consider purchasing an inexpensive passport pouch to use during travel. This provides security protection and causes the traveler to actually "wear" their passport and therefore decreasing the chances it is lost. You can also use this throughout the trip for money and other items.
- Band director and chaperones will do periodic passport checks throughout all phases of travel.



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- Passports will likely be collected from students once we arrive in England and reissued to them prior to traveling back to the airport.
- Next time...try to sneak in a smile for that passport picture – it's not a mug shot

**Flight Groups**

Due to the large number of travelers we will utilize four district flight groups. Flight group assignments are posted on the members page and in Charms. One main meal and one snack meal will be served on your Trans-Atlantic flight, along with complimentary soft drinks. Complimentary movies and audio entertainment will also be available.

**Group 1 – American Airlines (Flight Coordinator - Mr. Clifton)**

Date	Flight	To	From	Departure	Arrival
27 DEC	AA 80	Dallas/Ft. Worth	London (Heathrow)	5:20 PM	08:15 AM
03 JAN	AA 51	London (Heathrow)	Dallas/Ft. Worth	9:55 AM	2:30 PM

**Group 2 – American Airlines (Flight Coordinator – Mr. Mewhorter)**

Date	Flight	To	From	Departure	Arrival
28 DEC	AA 80	Dallas/Ft. Worth	London (Heathrow)	5:20 PM	08:15 AM
03 JAN	AA 21	London (Heathrow)	Dallas/Ft. Worth	11:15 AM	3:50 PM

**Group 3 – American Airlines (Flight Coordinator – Mr. Street)**

Date	Flight	To	From	Departure	Arrival
27 DEC	AA 50	Dallas/Ft. Worth	London (Heathrow)	6:15 PM	09:20 AM
03 JAN	AA 21	London (Heathrow)	Dallas/Ft. Worth	11:15 AM	3:50 PM

**Group 4 – American Airlines (Flight Coordinator – Mr. Church)**

Date	Flight	To	From	Departure	Arrival
27 DEC	AA 50	Dallas/Ft. Worth	London (Heathrow)	6:15 PM	09:20 AM
03 JAN	AA 81	London (Heathrow)	Dallas/Ft. Worth	12:10 PM	4:50 PM

**Luggage**

The following information is not comprehensive but should be able to provide practical information to help you prepare. We recommend you checkout the American Airlines website for more information:

**Checked Luggage**

- You will be allowed one checked bag free of charge. The checked bag cannot weigh more than 50 lbs. (23 kg.) and the Dimensions cannot exceed: 62in/158cm. The airlines will calculate the size limits of your bag by adding the total outside dimensions of each bag, length + width + height. There are extra charges for overweight or additional checked bags. A bag weighing 51-70 pounds costs \$100, bags over 70 pounds are not accepted and simply thrown into the Atlantic Ocean.

**Carry-on Luggage (or “Hand Luggage” as it referred to in England)**

You may take one carry-on and a personal item.

- Your personal item like a purse or small handbag must fit under the seat in front of you. Dimensions should not exceed 18 x 14 x 8 inches (45 x 35 x 20 cm).
- Diaper bags (1 per child), soft-sided cooler bags with breast milk, child safety seats, strollers and medical or mobility devices don't count as your personal item or carry-on.
- Carry-on bag allowance is 22 inches high by 14 inches long by 9 inches wide. They shouldn't exceed 22 x 14 x 9 inches / 56 x 36 x 23 centimeters (including handles and wheels). They must fit in the sizer at the airport
- If your items do not fit in the overhead bin or under the seat, they may need to be checked. There may be additional carry-on bag restrictions at certain airports or on certain airplanes (not likely for SHS, all our planes are large). The airlines recommend labeling your carry-on the same way you do checked bags in case this happens.
- Soft-sided garment bags up to 51 inches / 130 cm (length + width + height) can also be taken as your carry-on item.



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- Musical instruments are also considered a carry-on item and must fit in the overhead bin or under the seat in front of you. (Remember only small instruments are being taken and we recommend throwing that flute or clarinet in your carry-on bag)
- If you feel the need to lock your checked luggage, use a TSA approved lock or the security will simply forcibly remove your lock if there is a need for internal inspection within an American airport. For the return trip, UK security will PROBABLY have the same ability to easily open TSA style lock. You may also want to consider simply using zip ties. Zip ties are cheap, light, and take up minimal room in your luggage so it's easy to bring extras for the return trip.

**Customs**

People get upset when you enter a country without saying hello to some law enforcement types...

- Your passport will be checked when you arrive at the airport. You will likely be required to use a kiosk that scans your passport and requires travelers to answer questions (these will be easy questions, we will prepare the students). The kiosk usually spits out a paper that you then provide a customs agent before exiting the customs area. Families usually may approach the kiosk and counter together; all others go at it alone. You will probably be asked why you are entering the country – tell them the truth – they will think you are a rock star.
- Upon arrival back in the US you will be required to “declare” any items that you bought in the UK. You will need to know about how much money you spent on each item, but you can use general descriptions (i.e. clothes-\$400 instead of each individual item). Be sure your total is not over \$800 or you might be paying some taxes on these goods. You will use a kiosk at the airport to declare your purchases.
- Do not worry about this process – it may appear stressful and hectic, especially at the airport and when you are tired after a long flight – but as long as you have your passport its all good.

**The “Tube”**

Much of our travel around town will be via the “tube” (the subway).

- To help you get around London and get the most out of London all participants are provided with their own 'Oyster Card'. Oyster cards offer cost effective travel around London enabling the city to be travelled around freely and easily.
- The Oyster card is an electronic smartcard ticket. It will have a about £20 pre-loaded on the card and can be 'topped up' (money added to the oyster card) at any time using the self-service machines at stations with cash, credit or debit cards for additional journeys you may wish to take. You will likely have to top off your card at least once during the trip.
- We will depart regularly from the Shepherd's Bush Road station initially using the “Central” Line. It would be beneficial to familiarize yourself with a tube map as we will travel to stations such as Victoria, Piccadilly, Westminster, and Tower Hill.
- Adult chaperones will NEED to be comfortable with the tube system as we will need to travel in small groups of around 6-8 kids per adult to safely navigate through town. (There are some cool YouTube videos out there to check out)

**Our London Hotel and Neighborhood**

**Our hotel**

Hilton London Kensington  
179-199 Holland Park Avenue  
London W11 4UL  
Telephone +44 (0)20 7603 3355  
Web: [www.kensington.hilton.com](http://www.kensington.hilton.com)

**Nearest Police Station**

Shepherd's Bush Police Station  
252 Uxbridge Road, W12 7JA  
Shepherd's Bush Market

**Nearest Pharmacy**

Hillcrest Pharmacy  
106 Holland Park Avenue, W11 4UA  
Holland Park

In case of an emergency dial 999 (dial 112 from your cell phone), this will give you access to an operator who will then put you through to the Police, Ambulance Service or the Fire Service. For non-emergency calls, dial 101 for the Police and 111 for medical advice.





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**Supervision & Medical**

**General Supervision**

- Students will be under the direct supervision of the band director(s) in addition to the large party of adults that are making the trip to London. The band directors and/or adult travelers will supervise all air travel, bus travel, and tube trips. Each hotel room will be assigned an adult chaperone. In addition, adults will patrol hotel halls to make sure students stay in their rooms. We will make every effort to ensure that adults will be located in practically every conceivable location where students may roam.
- Please note that ultimately students are responsible for their own decisions and the consequences that may result from those decisions. Parents are encouraged to discuss and reinforce at home how their student should behave throughout the entire trip. Keep in mind that the band director reserves the right to send home any student (at the family's expense) at any time for rule infractions.

**Adult Travelers**

- Band staff members will serve as the principal role in chaperoning students. Adult travelers will be assigned duties throughout the trip. These exact duties will be delegated through the band staff member in charge of your particular group.
- Prior to departing the trip adult travelers will be provided an information sheet detailing the intricacies and procedures of chaperoning students. This information sheet will help detail what we expect of our students and suggestions for encouraging appropriate decisions by your students.

**Supervision while Traveling**

We are aware that many travelers may be making the first trip overseas and in fact maybe their first flight ever. In honor of this momentous event – we upgraded from a wind up plane to one that has engines and uses jet fuel and stuff. Here are other ways we will chaperone your kid...

- As noted earlier – the band is divided into four flight groups. Each flight group is assigned a band staff member to be in charge on the group. Also each flight group has a number of adults who will assist the staff member.
- While at the airport – all students are to be with their assigned flight coordinator. The flight coordinator may assign “check-in” times periodically once through security to allow students to eat or use the restroom in the near vicinity. The general rule is all students are to be in the same vicinity as the flight coordinator or wherever exact location the flight coordinator instructed them to be.
- Adult travelers will assist the flight coordinator in the chaperoning of kids while in travel. Each individual flight coordinator will assign exact duties

**Supervision while in London**

It seems that our original chaperones, the royals, all have their own kids to watch, so we are going with plan b...

- We will assign all travelers to one of four groups. Each group will be led by a band director, will be about 50 people, and will also serve as our London bus assignments. Each group will be chosen using rooms assignments as our guide and will be a mix of adults and students
- The band director will ultimately be in charge of the supervision of the students in the group but will delegate various duties to the adults in their group.
- Adults should anticipate the following specific duties:
  - Room Checks and Medical/Drug Disbursement for students in your assigned room
  - Overnight shifts monitoring student rooms
  - Guiding students through tube trips
  - Leading a small group on educational self-guided walks.
  - Patrolling areas where the band congregates
  - Helping a band director when politely asked



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**A Note Regarding Independent Family and Friends London Travelers**

We anticipate there may be family members and friends who magically “just happen” to be in London at the same time as the band but not on the official trip with the group. Remember, these travelers are independent of the SHS Band group, therefore please look over these few notes:

- Students are to be with our trip chaperones or directors when not in the hotel. These individuals have undergone an OSBI background check and help to keep the group organized and secure.
- We ask that adults that just happen to be in London are NOT to travel with the groups during their independent tours.
- Please note, all group transportation such as our coaches (charter busses) are only for those who are with the group. Independent travelers cannot catch a ride with the band.
- We take supervision seriously. Therefore, please do not snatch your child away from the group to go on some unplanned and secret tour. This happened during our recent Orlando trip and resulted in unnecessary stress as we searched for a “missing” child.
- Family who have already planned their independent trip, were hoping to see their kid in London, and are willing to help out the band may talk to Mr. Mewhorter, take an OSBI background check, and perhaps open up a few more options for being with the group.

**Medical**

Prescription drug disbursement will be coordinated through the adult travelers. Each child will be assigned a parent who is responsible for ensuring that students receive their medicine. Guardians will have the option of using our adults or entrusting your student to administer their own (legal) drugs.

Parents will be required to fill out and sign the medical release form provided at the end of this packet. Please take the time to completely and meticulously fill out the paperwork as this will help us ensure the complete safety of your student. Our staff will certainly attempt to contact parents/guardians in any emergency situation regarding your student.

**While In London**

**Educational Self-Guided Walks**

The best of London can be seen on foot. In light of this the tour company partnered with the market leader in audio guided walking tours to exclusively create special tours for participants on Youth Music programs in London.

- A knowledgeable team of historians has carefully prepared each of the walks and qualified London guides whose material has then been developed by a professional scriptwriter and performed by an acclaimed radio actor.
- Each of the walks has a duration in total of approximately two hours from start to finish, and the walks are delivered on a specially branded 'London's New Year's Day Parade' MP3 Player complete with headphones and USB charger, as well as a booklet containing all the instructions that you need to complete the walks successfully.
- Our itinerary includes the following tour options:
  - **The Parade Route Guide** - from the Ritz to Parliament Square, London's history packed Parade route. The tour ends at Parliament Square.
  - **Southbank Stroll** – This walk will introduce you to the incredible and varied history of the south bank of the River Thames.
  - **Harry Potter's London Audio Tour** - Walk in the wizard's footsteps and visit the actual locations where the films were made.
  - **London, Rock & Roll Capital of the World Audio Tour** – The Beatles, The Rolling Stones, The Swinging Sixties, Glam Rock, Punk Rock, Brit Pop and more.

**London Weather**

- December is one of the coldest times of the year to visit London when the temperatures are low and the chance of rainfall is high. The average high temperature is 9°C (48°F) and the average low is 5°C (40°F).



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- It rains about 17 days a month on average during December and January.
- You may not see much of the sun while in London. During late December and early January the sun rises around 8 AM and sets around 4 PM. On average there is a 9% chance of a completely sunny day with the average daily amount of sun less than 3 hours.
- We have called ahead to request good weather.

**Miscellaneous Information**

- London is located in the Greenwich median time zone (GMT) and is 6 hour ahead of Moore, which is located in the Central Standard Zone (CST). You may consider using a “world clock” app to easily know the time in Oklahoma.
- Much like the rest of the world – England uses the metric system. For example, England uses kilometers instead of miles for distance and Celsius instead of Fahrenheit for temperature. A free metric converter app comes in handy – or you could simply learn math.
- As you probably already know – vehicles drive on the left side of the road in London. Although you may not be operating a vehicle – keep in mind you will want to look right before crossing the road (you will find this does not come naturally).
- Most restroom are simply labeled as “toilet” though occasionally they may be called a “WC” which stands for water closet. This does not necessarily mean you will find a restroom in your closet. Public restrooms are not near as widespread as in America and you may even have to pay to use them. Plan accordingly.
- Europe may not always be as friendly to various dietary requirements as in America. Restaurants do not necessarily choose to provide specialized menus for vegan, gluten free, or vegetarian.
- In much of Europe – eating in a restaurant is much like paying temporary rent on your seat. In practice this means that means you cannot simply sit down in the chairs outside a restaurant or even use their WC unless you have paid to eat there.
- Consider contacting your cell phone company and look into their international calling plans. Most all companies have a temporary plan you can enroll in for your time in England. Students – cell data will be VERY costly, so do not use it. Your family or friends have already paid \$3750 to get you to London!
- There are a few Wi-Fi hotspots around town and Wi-Fi available in our hotel. Try not staring at your phone too much while you are in a cool place like London – that phone comes home with you – Big Ben does not.
- The fish and chips are good. You may be looking for a WC soon after...
- Elevators are called “lifts.” The ground floor is simply called ground floor (instead of the first floor). The “first” floor is actually the second floor and so on.
- England does not have a law comparable to the “Americans with Disabilities Act,” though progress has been made in this area since 2016. Do not expect elevators and ramps to accompany each set of stairs. Expect to walk distances and travel stairs.
- Be adventurous with the food; don't be afraid of what gets served at any of the restaurants where you go. Remember this is a cultural experience as well so let yourself get to know something different. Fish and chips! Bangers and mash! Remember that when you order “tea” it comes hot, and they will look at you funny if you order, “iced tea” because any good Englishman who knows real tea is served hot. Ask for “tap water” or you will get sparkling water in a bottle (but give it a try too). There are NO free refills!

**London Trip Communications**

**Pre-Trip Updates**

After the trip meeting we anticipate you may have additional questions.

- On the London page you will find a link to submit trip questions. Please note that these questions should be regarding the trip itself (i.e. questions about the itinerary, or items not covered well enough during the meeting). Individual questions such as the status of your London trip account or similar issues should still be e-mailed to Mr. Mewhorter.





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- Mr. Mewhorter may produce a periodic “high quality” web-video that answers any questions that were submitted and provide any updated information. Make it a habit to check out these videos from now until we depart.
- The band app will be the primary home to send out announcements. Mr. Mewhorter chose not to create another page for the trip, therefore the band app is your home.

**Keeping Up with the Trip from Home**

**Facebook group:** The band has revived the original London Facebook group. The group is called “Southmoore Band LNYDP.”

The purpose of this page is for parents and patrons at home to easily keep up with our adventures while in London. We welcome anyone on the trip to post pictures and talk about their adventures while in London. This will be a “closed” group and our intention is to only allow members of our Moore Schools and Southmoore band family to join. It is not an additional place to ask trip questions or a place to publicly complain.

**Watch our Performances Live:** Our performances will be live streamed from London. The parade itself will be broadcast live either online or on TV. We will update you with these links if they become available via our trip update videos and Facebook page.

**While in London**

**Old School:** That is right, like the old days of band trips, we will primarily rely on group meetings at the hotel and announcements at room checks. Since there will not be universal cell phone usage by all travelers, these tried and true communications will be vital. There will be a Remind group for travelers (enrollment info to be announced). We also will have an emergency number to call a band director directly (emergency only).



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**Your Behavior, Decisions, and Attitude**

**As members of the Southmoore High School Band you reflect not only the values of the band but also of our school and community.**

The Rules

These rules are easy to follow and full of common sense. Read them over to make sure you understand what is further expected of you. This is only intended to be a basic list of rules. Any action that disregards the school and band handbooks will result in consequences as determined by the band director(s).

1. All Moore Public Schools Guidelines and Southmoore Band Member Expectations are in effect during the entire trip, twenty-four hours per day.
2. No use of alcohol, tobacco, or illicit drugs. Possession may result in immediate dismissal from the trip and from the Southmoore Instrumental Arts Program.
3. No abuse of any facilities or equipment. This includes school equipment, hotel rooms, busses, planes, etc.
4. No disrespect of authority. This includes all student leadership, teachers, staff, sponsors, or anyone else connected with the program.
5. No one is permitted to leave designated areas without permission. A director or chaperone must know where you are at all times.
6. No profanity will be tolerated. Challenge yourself to use appropriate words to diplomatically convey your message while maintaining our reputation.
7. Absolutely no hazing, bullying, or harassing of other students (or adults) will be tolerated.
8. Keep the bus and plane clean. Keep your hotel room clean. Keep everything clean.
9. No switching rooms or busses at any time.
10. Do not steal anything or break any laws. It is a crime. We will simply turn you over to the authorities.
11. Boys and girls are never allowed to be together in the same hotel room at the same time ever.
12. Students are not allowed to travel anywhere alone. At times students will be given limited freedom to walk around in a controlled area, however you must have at least one other student with you at all times. Poor decisions made by students when given this freedom will be dealt with seriously.

***\*\*\*\*Please note that the band director(s) reserve the right to dismiss and send home, AT THE EXPENSE OF THE OFFENDING STUDENT, any student who disobeys the rules or whose general conduct and attitude toward the trip and its participants is determined to be a detriment to the individual and/or the rest of the group. Infraction of any rules may result in the suspension and termination from participating in extra-curricular activities and travel with the Southmoore Bands.***



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**Tentative (but really close to final) Trip Itinerary**

Revised 11/17/19 ...please note all spellings during the England timeframe in this itinerary are the "Queens English"  
(Each traveler will receive an updated itinerary at trip orientation on Saturday)

**Friday, December 27, 2019**

- 9:00am Meet in the bandroom for attendance, announcements, and to load the charter busses. You will want to eat a big breakfast and bring a snack with you. We will be driving directly to DFW non-stop. We will send out detailed arrival information prior to debarkation day to make the process efficient.
- By 9:45am Depart SHS
- 1:00pm Arrive at DFW & Check-In
- 5:20pm Flight Groups 1 & 2 Departs
- 6:15pm Flight Groups 3 & 4 Departs

**Saturday, December 28, 2019**

- 8.15am Flight Group 1 & 2 Arrives
- 9.20am Flight Group 3 & 4 Arrives

- On your arrival in London you will be taken by motor coach to your hotel. There may be a wait before you have access to your room and so we will schedule lunch and a walk of the local area.
- Your tour assistant will inform you of the time and place for an orientation meeting, where you will learn all about your week in London.
- At this meeting, you will receive your special LNYDP souvenir drawstring bag containing all of the items you need to make the most of your exciting week ahead. This includes;
  - Your pocket sized itinerary book which you will carry with you all week. Not only does it contain this detailed daily schedule, it also has maps and directions for your walking tours as well as a useful information section. Check out the apps!
  - An LNYDP wallet containing your hotel information card, to keep with you at all times in case of an emergency, as well as your very own Visitor Oyster Card, which allows you to travel on London's underground and bus network.
  - Your MP3 player, loaded with four unique self-guided walking tours of London that are an integral part of your itinerary this week. Please check that your player is fully charged. It may need a top up before you start your first walk.
  - A fold out LNYDP street map of London with a bus and underground section to help you plan your activities this week.
  - The 2020 LNYDP Participant Guide with information to help you prepare for parade day.
- In order to combat jet lag, it will be vital to not go to bed early or take a nap.
- At the earliest opportunity, make your way to Shepherd's Bush, your nearest underground station and board the Central Line train to Bond Street Station. Change to the Jubilee Line and travel to Green Park Station.
- As you emerge you will be adjacent to the Ritz Hotel, the starting point for the first of your audio walks, the Parade Route. This will take you along the spectacular processional route of London's New Year's Day Parade, through the heart of Westminster. It features The Ritz Hotel, Piccadilly, Piccadilly Circus, Trafalgar Square, Whitehall and Parliament Square. Learn about the rich history of the area and the buildings along the route, with the added flavour of the pomp and ceremony of the parade.

- 7.00pm Dinner will be served in the Christie Suite on the ground floor in your hotel.
- t.b.a.pm Rehearsals in the Hotel
- 10.00pm In your room



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**Sunday, December 29, 2019**

A substantial buffet breakfast will be served each morning in the Christie Suite on the ground floor of your hotel at the time indicated in your daily itinerary.

From 7.00am Breakfast is served.

8.45am Load all concert instruments on to the waiting coaches.

9.00am This morning we will whisk you away on a spectacular tour of London's most famous landmarks, including the Palace of Westminster, home of the two Houses of Parliament, Westminster Abbey, St. Paul's Cathedral and the Tower of London.

➤ Soak up the atmosphere as your Blue Badge guide introduces you to over 1,000 years of history. This is also your opportunity to look out for the places you would like to visit during your unstructured time.

➤ There will be a couple of stops for photographs.

12.30pm Tour ends in Sloane Square.

➤ Unload the instruments and take them in to Cadogan Hall.

➤ Lunch at leisure.

1.15pm Concert performers and staff will walk back to Cadogan Hall, for a technical rehearsal in preparation for the concert this evening.

1.30pm Rehearsal begins.

2.30pm Rehearsal ends.

➤ Leave all instruments in the hall.

➤ This afternoon you will have time to try out another of the audio walks.

2.45pm Depart from Sloane Square for Embankment Station and make your way to the Golden Jubilee Bridge, the starting point for the South Bank Stroll.

➤ You will enjoy a walk along the south bank of the River Thames. Highlights will be the Royal Festival Hall, the Tate Modern, Millennium Bridge, Globe Theatre, Southwark Cathedral and Borough Market.

➤ Make your own way back to your hotel by underground.

5.00pm Jazz Band performers and staff will depart by motor coach to Cadogan Hall, for a technical rehearsal in preparation for the concert this evening.

5.30pm Rehearsal begins.

6.30pm Rehearsal ends.

➤ The Jazz band will be given additional Restaurant Choice cards and will find dinner in the local area.

5.30pm Dinner will be served for the rest of the group in the Christie Suite in your hotel.

6.30pm The whole group will depart by motor coach for Cadogan Hall, the venue for your performance at this evening's LNYDP Festival Concert.

➤ Cadogan Hall is a 900-seat venue on Sloane Terrace in Chelsea. Built as a church, it was completed in 1907 to designs by the architect Robert Fellowes Chisholm and is now a Grade II listed building noted for its stained glass windows.

➤ Since 2001 it has been a concert hall of some renown and the home of the Royal Philharmonic Orchestra. It has also been used by Sir John Eliot Gardiner and the English Baroque Soloists as a recording venue for the Mozart symphonies.

7.30pm The concert begins.

10.00pm Your coach will be on hand to take you back to your hotel.

10.30pm In your rooms



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**Monday, December 30, 2019**

From 7.00am Breakfast is served.

8.45am Meet your Blue Badge guide and board your motor coach for today's tour.

9.00am This morning we will treat you to a tour of Hampton Court which lies just 20 miles upstream of Westminster on the River Thames. This spectacular palace dates from 1514 and was the favourite home of King Henry VIII, he of the 6 wives.

10.00am Your visit includes a view of his state apartments and the Tudor kitchens. The house was expanded in the late 17th century by London's most famous architect, Sir Christopher Wren and so there is much to see as you stroll around the six acres of magnificent buildings.

12.30pm Continue on to Windsor. This beautiful historic country town is renowned for its cobbled lanes and narrow passages. At the heart of the town is the castle which for over 900 years has been residence and fortress for the British monarch.

- On arrival, your guide will take you up to the town, where you will have lunch at leisure.
- Join your guide again for a walk of the town that will end at the entrance to the castle. Enter and enjoy a self-guided audio tour of the wonderful Royal Apartments, followed by a visit inside St. George's Chapel and a walk of the castle walls.
- You will have some free time to discover the town and the fantastic shops for yourself.

5.00pm Time to leave Windsor.

6.00pm Arrive back in to London. Dinner at leisure this evening using the 'Restaurant Choice' card provided.

- Your card will be credited with £15 to spend on dinner this evening. Just order from the menu and pay as you would with a credit card. If you spend less than £15 you can use the credit another evening. If you spend more, pay by card or cash for the amount you owe.
- We have created a booklet listing the nine different restaurant brands that accept the cards, by their location with map reference.
- Alternatively, you can go to the web site [www.restaurantchoice.co.uk/restaurants](http://www.restaurantchoice.co.uk/restaurants) and search for the one closest to you.

Evening at leisure.

t.b.a.pm Rehearsals in the Hotel

10.30pm In your rooms

**Tuesday, December 31, 2019**

From 7.00am Breakfast is served.

9.00am Depart by underground, using your Oyster card.

- This morning you have the option of either going to Leicester Square, the starting point for 'Harry Potter's London' audio walk, or to Tottenham Court Road, the starting point for 'London, Rock & Roll Capital of the World'!
- You've read the incredible books and seen the wonderful films, well today you will follow in Harry Potter's footsteps and discover some of the locations used in the films. From the Leaky Cauldron to the third hand book store, to Gringots Bank and platform 9 ¾.
- If rock music is your thing, then no other city in the world has such a rich rock and roll history as London. All the greats have performed here, from Hendrix to the Stones, from the Beatles to Elton John. A highlight will be the sight of Abbey Road studios and the crossing used by the Beatles for the iconic picture on their album cover for Abbey Road.
- If you have time, why not do both!
- This afternoon is unstructured and an ideal opportunity to visit some more of London's most popular attractions and to do some shopping.
- To discover what London has to offer, visit our bespoke London Google Map via the LNYDP desktop or mobile sites. The map highlights all of our favourite sites and plenty of hidden gems for those who want the true London experience.
- There are eight categories to search, attractions, shopping, evening entertainment, markets, LNYDP team recommendations, restaurants, pubs (to assist you with spending your restaurant vouchers) and great views of London.





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- Simply log on to <https://lnydp.com/parade/> to access the map.
- Don't miss the British Museum and the National Gallery, they're free! Although you have to pay, a visit inside St. Paul's Cathedral or Westminster Abbey are a must.
- Remember you will need to change your money for those important purchases!
- The most famous department stores are Harrods (Knightsbridge), Liberty (Regent Street) and Selfridges (Oxford Street), although there are many more wonderful shops to choose from on Bond Street and Covent Garden.
- The most popular places to hang out are Piccadilly Circus, Leicester Square, Covent Garden, the Hard Rock Café (Hyde Park Corner) and Planet Hollywood (Haymarket).

7.00pm Dinner will be served in the Christie Suite.

9.00pm Join fellow participants in the Christie Suite, for a specially arranged New Year's Eve party. Complimentary soft drinks will be served.

10.30pm Half a pizza per person will be served in an adjacent room to the party.

- The music will play until midnight when, after a brief celebration, it will be time to get some sleep before your big day.

**Wednesday, January 1, 2020**

From 7.30am Breakfast is served.

- For all supporters, this morning is free for independent sightseeing and shopping. Lunch at leisure. If you have purchased a grandstand seat, please make your own way there, you will find directions and the location of your stand on the ticket. Please remain in your seat throughout and support all of the wonderful bands and acts that make up this spectacular parade.

9.15am All band members will collect their instrument and congregate in the lobby in parade uniform in preparation for departure this morning.

9.35am Depart by motor coach to the assembly area in Berkeley Square.

- On arrival please leave instrument boxes and personal items on the coach as the same vehicle will pick you up at the end of the day.
- The team of stewards will have clearly marked where you need to line up.
- Your tour assistant will lead you to the location of your official group photograph.
- Depending on your position in the parade, you may be waiting here for as long as two hours. There will be the opportunity to warm up before you march off.
- Toilet and first aid facilities are available.
- We have arranged for you to have an excellent sack lunch to eat in the assembly area.
- Warm up's will be collected before the Parade starts and delivered back to your hotel this evening.

Midday LNYDP 2020. The 34th running of London's New Year's Day Parade will begin.

- The theme this year is 'London Loves Life'.
- At exactly midday the parade starts and you will march two miles down the most spectacular route in the world, before an expected audience of half a million people and many more watching the live satellite broadcast.
- As you reach the end of Whitehall, you will line up for the waiting cameras that will be beaming your performance around the world. Tell your friends at home to look out for you and don't forget to remind them about the time difference!
- Enjoy this unique experience!
- At Parliament Square your dedicated coaches will be on hand to take you back to your hotel.

Dinner at leisure, using the 'Restaurant Choice' card provided.

- Once again you have £15.00 to spend at a restaurant of your choice this evening.

Evening at leisure. Return to your hotel by underground.



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10.30pm In rooms

**Thursday, January 2, 2020**

From 7.00am Breakfast is served.

8.00am Meet your Blue Badge guide and board your motor coach for today's tour.

8.15am Depart for Westminster Pier.

9.00am Board a Thames River boat for the 50 minute cruise to Greenwich. Your guides will provide an historical commentary.

- Greenwich, in south-east London, is famous the world over as the home of time (Greenwich Mean Time) and because Zero Longitude, the point where the Eastern & Western hemispheres meet, runs through the town.
- Today you will visit the Royal Observatory, the oldest scientific institution in Britain and home to some of the most important timepieces ever made.
- There may also be time to visit the Royal Naval College, one of the finest palatial buildings in the country and home to the largest maritime museum in the world, and wander through the historic part of the town.

12.30pm Depart Greenwich by motor coach.

1.00pm Your tour ends at the Tower of London, where you may find an independent lunch at one of a number of eateries in the area.

2.00pm Re-join your Blue Badge guide for a tour of The Tower.

- The ancient stones reverberate with dark secrets, priceless jewels glint in fortified vaults and ravens strut the grounds. The Tower of London, founded by William the Conqueror in 1066, holds some of the most remarkable stories from across the centuries. Despite a grim reputation as a place of torture and death, this powerful and enduring fortress has been enjoyed as a royal palace, served as an armoury and for a number of years even housed a zoo!
- Gaze up at the massive White Tower, tiptoe through a kings' medieval bedchamber and marvel at the priceless Crown Jewels. The famous Yeoman Warders have bloody tales to tell; stand where heads rolled and prisoners wept.
- The Tower held many famous prisoners from the highest levels of society; some in astonishing comfort and others less so... visit the places of their confinement and read the graffiti left by prisoners from over 500 years ago.

4.30pm At the end of your visit you will walk up to Tower Hill Station on the Circle and District Lines and, using your Oyster Card, journey back in to the West End.

- Dinner at leisure this evening using the 'Pub Token' vouchers provided.
- You will receive vouchers to the value of £15 to spend on dinner this evening. Just order from the menu and pay with the vouchers. Note that you do not receive change if you spend less than the value on the voucher. If you spend more, pay by card or cash for the amount you owe.
- We have created a booklet listing the pubs in central London that accept the vouchers, by their location with map reference.
- Alternatively, you can go to the web site [www.pubtokens.com/find-a-pub](http://www.pubtokens.com/find-a-pub) and search for the one closest to you.
- Make your way by underground to Victoria, from where it is a two minute walk to the Apollo Victoria Theatre.
- This evening you will see the hit musical 'Wicked'.

7.30pm Performance begins.

10.15pm Take the underground back to your hotel.

11.00pm In Rooms



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**Friday, January 3, 2020**

**Flight Group 1**

From 6.00am Breakfast is served.

- Please ensure that you bring your own luggage down to reception in preparation for boarding your coach to the airport.

6.30am Flight Group 1 departs for Heathrow airport to check in for flight AA051 departing at 9.55am.

- Lunch and a snack will be served on-board your flight.
- We wish you a safe journey home and hope very much that we will see you again in our wonderful capital city!

2:30pm Arrive at DFW

3:30pm Approximate time the bus departs for SHS

6:30pm Approximate arrival back at SHS – the bandroom will NOT be open, have your ride waiting on you.

**Flight Groups 2 & 3**

From 7.00am Breakfast is served.

- Please ensure that you bring your own luggage down to reception in preparation for boarding your coach to the airport.

8.00am Depart for Heathrow airport to check in for flight AA021 departing at 11.15am.

- Lunch and a snack will be served on-board your flight.
- We wish you a safe journey home and hope very much that we will see you again in our wonderful capital city!

3:50pm Arrive at DFW

5:00pm Approximate time the busses depart for SHS

8:00pm Approximate arrival back at SHS – the bandroom will NOT be open, have your ride waiting on you.

**Flight Group 4**

From 7.00am Breakfast is served.

- Please ensure that you bring your own luggage down to reception in preparation for boarding your coach to the airport.

9.00am Depart for Heathrow airport to check in for flight AA081 departing at 12.10pm.

- Lunch and a snack will be served on-board your flight.
- We wish you a safe journey home and hope very much that we will see you again in our wonderful capital city!

4:50pm Arrive at DFW

6:00pm Approximate time the busses depart for SHS

9:00pm Approximate arrival back at SHS – the bandroom will NOT be open, have your ride waiting on you.



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## **Travel Tips So Everyone can have a great time!**

### **The Easy Stuff**

- Do not let unnecessary drama ruin your fun. You have worked too hard and paid WAY too much money to not have fun on this trip.
- Follow the Instructions of Directors and Adults. They are only trying to help!
- If in doubt...don't, If ya' don't know...ask
- No boys in the girls' rooms; No girls in the boys' rooms. That is dumb...
- Stick and Pick! Everything chosen/assigned before departure stays the same until the very end of trip
- Show proper respect at all times.
- You are expected to be in the right place at the right time, with the right equipment ready to go.
- All personal desires or uniqueness of character must be considered the secondary priority with the first priority being meeting the needs of the ensemble.
- If you simply follow the membership expectations as outlined in the band handbook you will have a trip full of fun and achievement
- You are financially responsible for damages.

### **On the Way**

- Know where your passport is located at all times.
- Be a respectful traveler. Be kind and patient to all people.
- No unnecessary moving around the bus or plane.
- Do not ask to fly the plane – the answer is no
- No standing in seats, sitting on the backs or arms of seats
- Do what the bus driver, plane pilot, and chaperones ask you to do
- Be quiet and cooperative during all roll calls
- You may play your iPod
- Keep your voice down, do not talk when it is time to sleep, people get easily irritated late at night (or overly giddy)
- We are representing our school, city, state, and country. Our actions should always demonstrate a great respect for the reputations of our communities.

### **While you are there**

- When it is time to go to bed, get some sleep. It is easy to be exhausted due to jet lag and long travel.
- Do not break up with your special someone while in England. You do not want to be responsible for ruining a whole country for someone.
- Know who your chaperone for your room is and their room number
- Do not make charges to your room.
- Take no souvenirs from restaurants or any other place of business. Shoplifting is a crime (they have laws in the UK too).
- Make no calls between rooms after lights out unless you are calling a chaperone to report a problem.
- Do not leave your room unlocked unless you are trying to help a thief
- Do not go hungry...eat the food. No, it's not that big greasy hamburger you are used to, no, they will not give you ice, and do not even think about sweet tea or Diet Dr. Pepper, but you do not want to get sick so eat the food.
- Leave non-essential valuables at home.
- Do not ask to change busses, planes, or rooms...it ain't happening
- Watch your belongings. If you put something down unattended there is a chance that it will not be there when you return
- Curfews will be announced and enforced. Do not break curfew.
- Do not open your hotel door after curfew until you are going to breakfast the next morning.
- Don't drop the F-Bomb or other 4 letter words. There are in fact other words that can express amazement, disappointment, or other intense feelings.
- iPods/mp3 players are allowed on the trip. Keep a close eye on these items so you still have them at the end of the trip.
- Always travel with a friend and adult. Never run off alone at any time...Remember there is safety in numbers against those scary people in the world.
- Be nice to the other bands staying in our hotel.
- WE are the foreigners, WE are the new people, WE are the people with funny accents, keep your "judgy" opinions of English culture to yourself (or your mum behind closed doors)



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**Medical History/Release Form**

**Please Print or Type All Information – ALL Information must be complete**

**Section A - Emergency Medical Information**

Student's Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

Father/Guardian's Name: \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Mother/Guardian's Name \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Family Physician \_\_\_\_\_ Phone: \_\_\_\_\_

**Section B – Emergency Contact Information**

Please list two other persons other than the parent/guardians to call in case of an emergency

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Section C - Medicines**

Please list medicines that the minor is currently taking

Medication Name	Dosage	Prescription Start Date & End Date	Times Per day

Please list any over the counter medicines (Acetaminophen, Aspirin, Ibuprofen, Benadryl, Pepto Bismol, etc.) that our sponsors may choose to administer in the case of minor medical issues (minor headaches, stomach ache, etc.).

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





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**Section D - Medical History**

Please list any physical challenges and/or drugs to which the student may be sensitive

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Minor's Allergies (Foods/Insect Bites/Stings/etc.):

\_\_\_\_\_

\_\_\_\_\_

Date of Student's last Tetanus Shot: \_\_\_\_\_

Please list any pertinent medical history that a physician may need to be aware of.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Section E - Insurance Information**

Insurance Provider/Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_

**Section F - Authorization for Medical Care of a Minor/Statement of Ability to Participate/Liability Release**

\_\_\_\_\_, the undersigned parent or person having legal guardianship of \_\_\_\_\_  
*Legal Parent/Guardian* *Student*

do hereby authorize the activity sponsor(s) to consent to an x-ray, examination, anesthetic, medical surgical or dental diagnosis or treatment and hospital care to be rendered to the above-named minor under general or special supervision and upon the advice of a physician, surgeon, or dentist. In giving consent, I recognize and understand that in all situations where the above named minor requires immediate medical or hospital care it may not be possible to contact me. In such situations I will not be able to knowledgeably evaluate and choose among the available alternate treatments or procedures if any, or evaluate the risk attendant upon each and the risks attendant to foregoing all treatment. In these situations, I authorize a physician, surgeon or dentist to exercise his/her professional judgment and assess the risks incident to and choose the right treatment from any available alternatives and to render such care and perform such treatment as he/she in his/her professional determines to be necessary for the health or safety of the above named minor.

I further warrant that through the submission of this Emergency Medical Form that the above named minor is, to the best of my knowledge and belief, physically and mentally able to participate in the Southmoore High School Band and all the physical demands that such participation entails. I am aware that band is a physical activity requiring proper habits such as adequate hydration and physical fitness from the above named minor.

I also understand that the medical information listed on this form may be shared with any individuals that are supervising or caring for the above named minor at any band activity.

I understand that Moore Public Schools, Southmoore teachers or staff, as well as any individuals acting on behalf of the band program to supervise or care for the above named minor will assume no liability for accident or injury claims while performing their duties and/or such claims incurred through the use of the school campus and/or facilities or while in transit to, or on location, off campus. The undersigned individual(s) agree(s) to hold all of the above mentioned blameless with respect to such claims incurred while with the band. The undersigned understands that an annual physical is not required, but is suggested since marching band is a very physically demanding activity.

\_\_\_\_\_  
*Signature of parent or legal guardian*

\_\_\_\_\_  
*Date*



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**London 2019-20 Trip Permission Form**

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

**Please read this entire permission form and sign below**

1. I hereby (again) grant permission for my child to travel as part of the Southmoore High School Marching Band to London, UK from December 27, 2019 to January 3, 2020 as well as any times as a result of delays.
2. I have read this entire packet of information and have become knowledgeable about the activities and particulars concerning this trip.
3. I understand that students must follow all rules and regulations as outlined above. I further believe that necessary plans and precautions for the care and supervision of students will be taken by the directors and adults during the trip. I understand that the student will be held accountable for their actions throughout the trip and plays a large role in making good decisions, especially when not in the immediate presence of a sponsor or director.
4. I understand that my child will be sent home at the parent's/guardian's expense if the student makes a decision that is determined by the director(s) to be a determinant to the student and/or ensemble.
5. I understand that Moore Public Schools will not be responsible for the liability or insurance coverage of private or public carriers. Neither Moore Public Schools, nor the band directors, nor the adults and/or students will be responsible for personal injury to my son/daughter or for the loss or damage to his/her personal property.
6. I understand that a trained school employee who dispenses medications will not be present during this trip. A trip sponsor(s) may dispense medications as I have directed above. I have documented all precautions/instructions regarding my child's medication. I have noted any special health-related conditions or allergies regarding my child

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date